



# Silky Smooth Waxing guide



## Our Product



### What is LYCON?

LYCON's reputation as the Crème de la Crème of hair removal waxes is well known around the world.

Lycon Wax is a high quality product from Australia. At iSpa, we use strip wax for the larger body parts (legs, arms and back) and hot wax for the more sensitive area's (bikini and face). Should you have a preference for the type of wax, please advise your therapist. Lycon strip wax can remove hair as short as 2 mm so you do not need to grow out your fuzz if you want to be silky smooth. We use the Lycon pre and post cleansing lotions as part of your waxing experience to minimize any redness, ingrown hairs or infections.

## BEFORE YOU WAX

### Measure Up

The ideal length for hair is about **3-4 mm**. But we don't expect you to pull out the ruler, so we'll gladly trim you up before your wax. And for all you shavers out there, make sure you come at least three weeks after using the razor! Otherwise the hair will be too short to get waxed.

### Clean House

Try to use a scrub or body Loofah once or twice the week you are coming in for your waxing to take out any dead skin and in grown hairs.

### Go Natural

Skip the lotion, gels and oils pre-wax as it may interfere with hair removal. The same goes for tanning 24 hours before – best to avoid as it may up the ouch-factor.

### Be Proactive

While we aim to invoke more of an "aw" than "ow" experience, some clients prefer to pop an aspirin or



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use a numbing cream about 30 minutes before their wax to help minimize involuntary yips and yelps. We have numbing crème at the Salon should you wish to numb up.

## Allergies and Skin Conditions

Please tell the therapist before your treatment of any medical conditions, allergies, cuts to the skin or sensitive area's that may affect your waxing experience. The iSpa team always use gloves when waxing intimate areas.

## AFTER YOU WAX

### Cool Off

Steer clear of prolonged exposure to heat – including saunas, steam rooms, whirlpools, sun bathing and intense heated exercise for one to two days after a wax as you'll be more prone to burning and infections. Also try to wear looser fitting clothing to prevent in-grown hairs.

## Embrace Nature

We advise keeping the freshly waxed area clean and free of products including lotions, gels, deodorant and perfumes until the following day after waxing.

## Take Care

After-wax lotions and taking the time to exfoliate are a great way to keep the skin smooth, soft and free from bumps and ingrown hairs until your next appointment.

## My Next Appointment

The ideal time to get your next wax is usually 3 weeks but can be anywhere **from 2-5 weeks** depending on hair growth.

Client Name

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The  Team